

HEALTH CARE: WHO TO CONTACT

	Standard Care Network	PPO	Blue Care Network
Medical	800-521-0488 800-810-2583 (when traveling)	800-521-0488 800-810-2583 (when traveling)	800-662-6667 800-810-2583 (when traveling)
Prescription drugs	CVS Caremark 866-329-4448	CVS Caremark 866-329-4448	OptumRx 844-642-9087
(90-days prescription)	Express Scripts 800-282-2881	Express Scripts 800-282-2881	OptumRx 844-642-9087
Outpatient Physical Therapy	TheraMatrix 888-638-8786	TheraMatrix 888-638-8786	(through medical insurance)
Mental Health/Substance Abuse	Carelon Behavioral Health 800-346-7651	Carelon Behavioral Health 800-346-7651	(through medical insurance) 800-482-5982
Hearing Aid	Audio Net 800-400-2619	Audio Net 800-400-2619	(through medical insurance)
Case Management	Conifer 888-820-2790	Conifer 888-820-2790	(through medical insurance)
Vision (regardless of medical plan)	VSP (vision service plan) 800-877-7195		
Dental Options (regardless of medical plan)	Delta Dental: 888-293-8271 United Concordia Dental: 800-937-6432 Aetna Dental: 877-238-6200		
Disability	Sedgwick 888-322-4462		

*Please refer to the back of your card for
phone numbers for additional contacts