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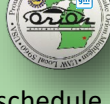
Feb. 14, 2023

DIGITAL DATELINE

"BUILD IT LIKE WE OWN IT"

PLANT VACATION SHUTDOWN:

Per *paragraph (202a)* of the *UAW/GM National Agreement*, General Motors has notified the *UAW Local 5960 Shop Committee* of its decision 'Not' to schedule a *plant vacation shutdown*.



The Black Pioneers of the Automotive Industry

Whether breaking color barriers or inventing critical safety features, these are some of the Black pioneers that revolutionized the car world.

ANDREW SHELDON • JANUARY 31, 2023 • 30 COMMENTS



C.R. PATTERSON AND SONS: THE FIRST AND ONLY AFRICAN-AMERICAN AUTOMOBILE COMPANY

Source: Andrew Sheldon - [YourAAAToday](#)

MARY BARRA INDUCTED INTO AUTOMOTIVE HALL OF FAME



Source: Trey Hawkins - [gmauthority.com](#)

All Departments are Welcome

Krewe of Orion Carnival & Mardi Gras

Start of Carnival – February 15th
 Mardi Gras Celebration – February 21st

2/15/23 – 10 am – 11 am
 2/21/23 – 10:30 am – until the end of the Parade!

Behind GA Fishbowl (C37 – D38)

Start of Carnival (2/15/23)
 Play games, Listen to music and purchase Mardi Gras gear, collect points!

Mardi Gras Celebration (2/21/23)
 More games, Sample a "King Cake", PRIZES and the Crowning of the "Monarch of Mardi Gras" (the person with the most points)

Calling all Departments !!!
 Volunteer to decorate a Float or hand out candy during the PARADE!

Interested in decorating/building a Float or taking part in the Mardi Gras Parade? Come to D37 on Feb. 15th to sign up and get more info. or contact Shanika.Hurst@GM.COM (586-260-4540)

LifeSteps
 BUILDING A HEALTHY LIFE ONE STEP AT A TIME

love your heart. take care of it.

Join LifeSteps for American Heart Month by coming to our Heart Health Screening Event. We will be offering activities and blood pressure and cholesterol checks!

February 15th, 9 am - 2 pm
Auxiliary Cafe

Please complete your Health Assessment at www.lifesteps.com before your screening

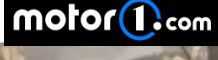
The LifeSteps Wellness Program is offered to all GM U.S. hourly employees and their dependents age 18 and older. The Program is also available to all GM U.S. salaried employees, including their enrolled dependents age 18+ in the U.S. Salaried Medical Plan. GM contract workers are not eligible to participate in the LifeSteps Wellness Program.

POPCORN SALE!!!
Wed., Feb. 15th
10 a.m.-1 p.m. Aux. Café

OAKLAND
 LOCAL RESCUES

ANIMAL CONTROL & Pet Adoption
 SERVICES

2023 Super Bowl Commercial Spotters Guide: Every Car And Celebrity
 General Motors, Porsche, Ram, Jeep, and Kia have ads for the Big Game.



Introducing **TODD WOLSCHLAGER**

810.956.7826
 twolschlager@work-fit.com

WORKfit
 IS EXCITED TO JOIN GM ORION ASSEMBLY!

How will Work-Fit help you?
 Todd will provide you with personal job-site coaching. He'll give you strategies to reduce your muscle fatigue, teach you proper body mechanics for your job and help you with your personal health.

NEED SOME HELP? CONTACT WORK-FIT TODAY!

WORKfit
 Injury Prevention and Management for Your Workforce

What's Todd's Expertise and Why is He at GM Orion Assembly?
 Todd is a Certified Athletic Trainer. He specializes in sports medicine and uses his skills in the prevention of injuries. Athletic Trainers are Board Certified and State Licensed Allied Health Care Professionals.

WORKfit **INJURY PREVENTION**

Don't Make Jobs Harder Than They Already Are!

- Face your work directly
- Square up to your work
 - Head, Shoulders, Knees and Toes
- Keep elbows low and close to the body
- Kneel rather than squat
- Use the least amount of force necessary.
- 3 point stance

Work Smarter!
 not Harder

Take 2 After unproductive attempts to loosen/replace an object. Re-position, get leverage devices, or assistance.

WORKfit