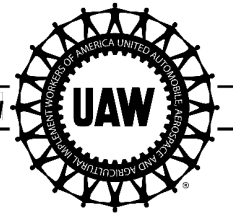


REGION 1

27800 George Merrelli Drive
Warren, MI 48092

INTERNATIONAL UNION, UNITED AUTOMOBILE, AEROSPACE & AGRICULTURAL IMPLEMENT WORKERS OF AMERICA – UAW



SHAWN FAIN, *PRESIDENT* • MARGARET MOCK, *SECRETARY-TREASURER*
VICE-PRESIDENTS: CHUCK BROWNING • MIKE BOOTH • RICH BOYER

LASHAWN ENGLISH
DIRECTOR, UAW REGION 1

July 12, 2024

VIA EMAIL

TO: UAW Region 1 Local Union Presidents, Vice Presidents, Financial Secretaries,
Recording Secretaries, Chairperson's and Women's Committees

RE: **UAW Region 1 Women's Council**
Back-to-School Health and Wellness Block Party

Greetings:

We are proud to announce that the UAW Region 1 Women's Council and our local union women's committees will host a **Back-to-School Health and Wellness Block Party** this August. UAW members, families, and the public are all cordially invited to join us at what is sure to be a fun-filled event!

This special event is **free and open to the public**. It will be held on **Saturday, August 3, 2024, from 10:00 a.m. to 2:00 p.m. at UAW Region 1**, located at 27800 George Merrelli Dr., Warren, MI 48092.

This free event will include:

- Free kids' haircuts
- Music and line dancing lessons
- Free yoga sessions (some yoga mats will be available to borrow or bring your own!)
- Free hula hoop fitness demonstration (bring a weighted hula hoop to participate!)
- BMX bike trick demonstrations
- Bicycle giveaways
- Free blood pressure checks
- Backpacks and school supplies giveaways
- Bounce house, games, and fun activities for kids
- Other fun back-to-school prizes
- And so much more!

We are excited to be joined by a wide range of education, health, wellness, and youth-oriented partners at this event who will provide needed information and services for families, including:

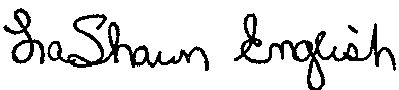
- **Macomb County Community Mental Health:** mental health resources available in your community and information on mental health concerns for youth, including youth suicide prevention
- **University of Michigan Dearborn Office of Admissions and Recruitment:** meet admissions staff and learn how to apply
- **University of Michigan Center for Labor and Community Studies**

- **Michigan Reconnect:** a scholarship program for tuition-free community college
- **Health Alliance Plan (HAP):** medical resources for families
- **U.S. Department of Labor Wage and Hour Division:** information on child labor laws and the PUMP Act (rights for nursing mothers at work)
- **Therapy Today Counseling and Consulting:** information about accessing therapy services
- **Autism in the D:** information on autism and available resources
- **Courtney Fletcher, Nurse Practitioner:** heart health information and blood pressure checks
- **BMX Bicycle:** bike trick demonstrations and giveaways
- **Coalition of Black Trade Unionists:** information, and sponsoring bicycle giveaways
- **United Way:** community resources and 411 program
- **Detroit Downriver APRI:** voter registration and education, and sponsoring bicycle giveaways
- **Hula Fit Nation:** weighted hula hoop fitness demonstration
- **Holy Yoga Detroit:** wellness information and yoga
- **Hair Cuts for Boys:** barbers offering free youth haircuts
- **Amazing Learning Academy:** childcare center offering 24/7 services
- **Motor City Mobile Coney:** food truck (food for purchase)
- And more sponsors are being added each day!

All labor and giveaways for this event have been generously donated by our UAW Region 1 Women's Council, Region 1 local unions and their women's committees, partner organizations, and volunteers from our community. **We are still accepting sponsors and donations to the success of this event.** Any local union, member, or community partner interested in sponsoring this event is encouraged to reach out to Lisa Wilkes, Chairperson of our Region 1 Women's Council. Lisa can be reached by email at lisa.wilkes1207@yahoo.com. You may also contact Susie Reed of my staff at sreed@uaw.net or (586) 427-9200.

We deeply appreciate your participation and your assistance in promoting this special event!

In solidarity,



LaShawn English, Director
UAW Region 1

LE/SR/tp

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Attachment

cc: Ray Pecoraro, Assistant Director, UAW Region 1
Susie Reed, Education Coordinator, UAW Region 1